

REFLECTING WITH ART

# THE WAY OF THE CROSS

Create your own Station of the Cross based on the artwork of John Drawbridge



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*The Way of the Cross, or the Stations of the Cross, began in pilgrimage. We continue this tradition, following Jesus' path, when we meditate on the Way of the Cross.*

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Choose a Station. Read and meditate on the reflection.

Print the blank template for your Station.

How you will decorate it?

What colours, textures, patterns will use to represent this Station?

What media will use--felts, crayons, flowers, something else?

You are limited only by your imagination but if you'd like a little inspiration, check out the ideas & inspiration pages.

Reflect on the Way of the Cross while you cut, stick, paste, draw & more.

Display your Station.

Share your stations with the Sisters of Compassion by emailing a photo or two to [schools@compassion.org.nz](mailto:schools@compassion.org.nz). We will share it on our Facebook page during Lent!

REFLECTING WITH ART  
**THE WAY OF THE CROSS**  
Ideas & Inspiration for your Art Station



*Melted Crayon in  
Wax Paper*



*Paint, Glue & Glitter  
on Plastic*



*Paint on Paper*



*Pressed Flowers in  
Wax Paper*



*Tissue Paper*



*Food Colouring &  
Coffee Filters*



*Oil Pastels*



*Permanent Marker  
on Foil*



*Fineliner on Paper*



### *The Stained Glass Layer*



You can create a block of stained glass colour, the same size as the template--this is the technique John Drawbridge used.



Or, place your template under or over your stained glass layer as a guide to colouring only the white space, or to creating the effect you want.

### *Preparing your Art Station*



Print the template.

Carefully cut out the white space-- unless you are using a no-cut technique.



If you have some white paper showing around the cut edges, place your template on a piece of scrap paper.

Use a black felt pen and carefully colour in any white paper which is showing.

### *Finishing your Art Station*



Cover the back of your template with glue stick, then carefully press it down onto your 'stained glass' layer.

Cut around the white margin on the template, through all layers.

Hang your art work up where light can shine through

# REFLECTING WITH ART

# THE WAY OF THE CROSS

Ideas & Inspiration for your Station



*Melted Crayon in  
Wax Paper*

Shave pieces of crayon with a safety vegetable peeler--be careful of your fingers!



*Pressed Flowers in  
Wax Paper*

Press flowers for about two weeks between absorbent paper, inside a heavy book.

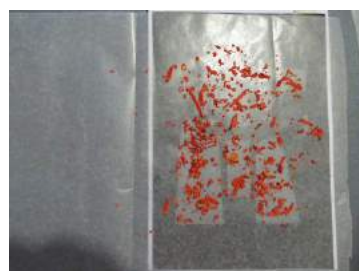
In a hurry? You can iron fresh flowers in wax paper but they may discolour in the light.

## *Ironed Wax Paper*

*Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.*



Fold a piece of good quality wax paper in half with shiny sides together. Cut it slightly larger than your template.



Open out your paper and place it on top of your template.


Arrange your material--crayon, flowers, more--so that the white space is covered.



You may wish to cover the whole template area but leave a wide margin for sealing the layers together.



Carefully refold the wax paper and put it between paper towels.

 Ask an adult to iron over the work with a dry iron on low heat.

The heat from the iron will 'seal' the wax paper together.



You can achieve different effects depending on how thickly or thinly you cover the paper. Try using different colours or shades of colour.



## Paint on Paper

Decide on a palette of colours for your station and apply them--what will you use? toothpick, cotton bud, sponge, paintbrush, something else?

## Paint on Paper

Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.



Cut a piece of translucent paper that is larger than your template.

Apply dots of paint to the paper.



Begin spreading and blending out your paints across the surface. Work with one colour at a time, until the surface is covered and you are happy with the effect.



Wait for the paint to dry.



Position your template over the painted paper and decide where to place it.



*Paint, Glue & Glitter on Plastic*

Mix glitter into pva glue and add paint to cover a piece of hard plastic, such as an old spiral binding cover.

## *Paint, Glue & Glitter on Plastic*

Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.



Spread glitter glue over your plastic layer with a brush.

You may like to place your template under the plastic.



Apply dots of paint to the surface. Spread and blending out your paints with a toothpick, brush or other applicator. Work with one colour at a time, until you are happy with the effect.



Wait for the paint to dry.



When attaching your template, carefully press it down onto the smooth unpainted side of the plastic layer.



*Tissue Paper*

Cut pieces of tissue paper into shapes--use left over wrapping tissue paper.

## *Tissue Paper*

*Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.*



Cut a piece of translucent paper that is larger than your template.

Fold it over the template to mark out your working space.

Attach your paper to a suitable surface (such as a window) with tape.



Stick pieces of tissue paper with glue stick inside the marked space.



Keep sticking until you have covered the whole block.



Use tissue paper which is colourfast so that if your art gets wet the colours won't run.



## Food Colouring & Coffee Filters

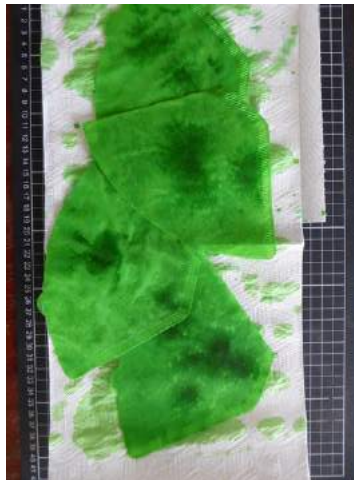
Dye coffee filters with food colouring--or you could use paper towels.

## Food Colouring & Coffee Filters

Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.



Mix a small amount of food colouring with water.



Protect your surface.

Spread the filters out and use a dropper to dye them with the food colouring. Try using different dilutions of food colouring.



Wait for the filters to dry and then attach them to a translucent backing surface with glue stick.



Keep your Art Station in a dry place--if it gets wet, the dye will run and stain porous surfaces like your clothes.





*Oil Pastels*

Colour with oil pastels on paper then coat with cooking oil to create a translucent effect.



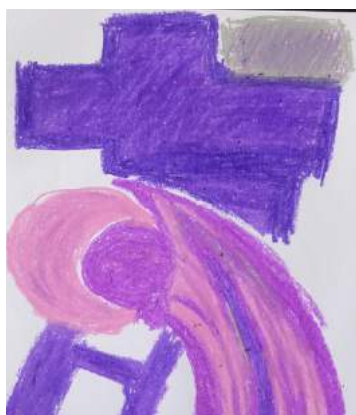
Or try a quick 'no-cut' method.

## *Oil Pastels*

Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.



Place your prepared template on top of a piece of regular copy paper and roughly mark in the colours you will use.



Colour in the marked areas with oil pastels. Experiment with different amounts of pressure and with blending different colours.



Brush first the back and then the front of your paper with cooking oil.

Hang up or place on a protective surface. Dry thoroughly.



### *'No-cut' method*

You can also colour directly onto white spaces on the template, then brush both sides of the paper with oil, for a quick result.



## *Permanent Marker on Foil*

Colour foil with permanent marker-- wash and dry used foil and enjoy the textured effect.



## *Fine liner on Paper*

Colour patterns onto the template with this 'No-cut' method.

## *Permanent Marker on Foil*

Follow the instructions on 'Preparing & Finishing your Art Station' then create this stained glass layer.



Colour over foil with permanent marker.



When finishing your work, glue a piece of paper to the back of the foil to protect it from ripping, then cut through all layers.

Hang your art work up where light can shine onto it.

## *Fine liner on Paper*



'No-cut' method  
Test out patterns on scrap paper.

Use patterns from your culture or look to your surroundings (or the internet) for inspiration.

Colour patterns directly onto the white spaces on the template.

Thank you to Stasia Kennedy for sharing this idea with us