



Meditations on the Way of the Cross, through the life of Suzanne Aubert

I

I. Jesus is condemned to death

Suzanne Aubert knew all about those who were not accepted by their community – the disabled, the unwanted, the poor. Those who others had washed their hands of. Her life was one of service to them.

Who have I been unkind to, or not included? Those who don't learn as quickly as me, who are unpopular, who want to play other games, who are different to me? Can I see Christ in them? Wouldn't Jesus have embraced them?

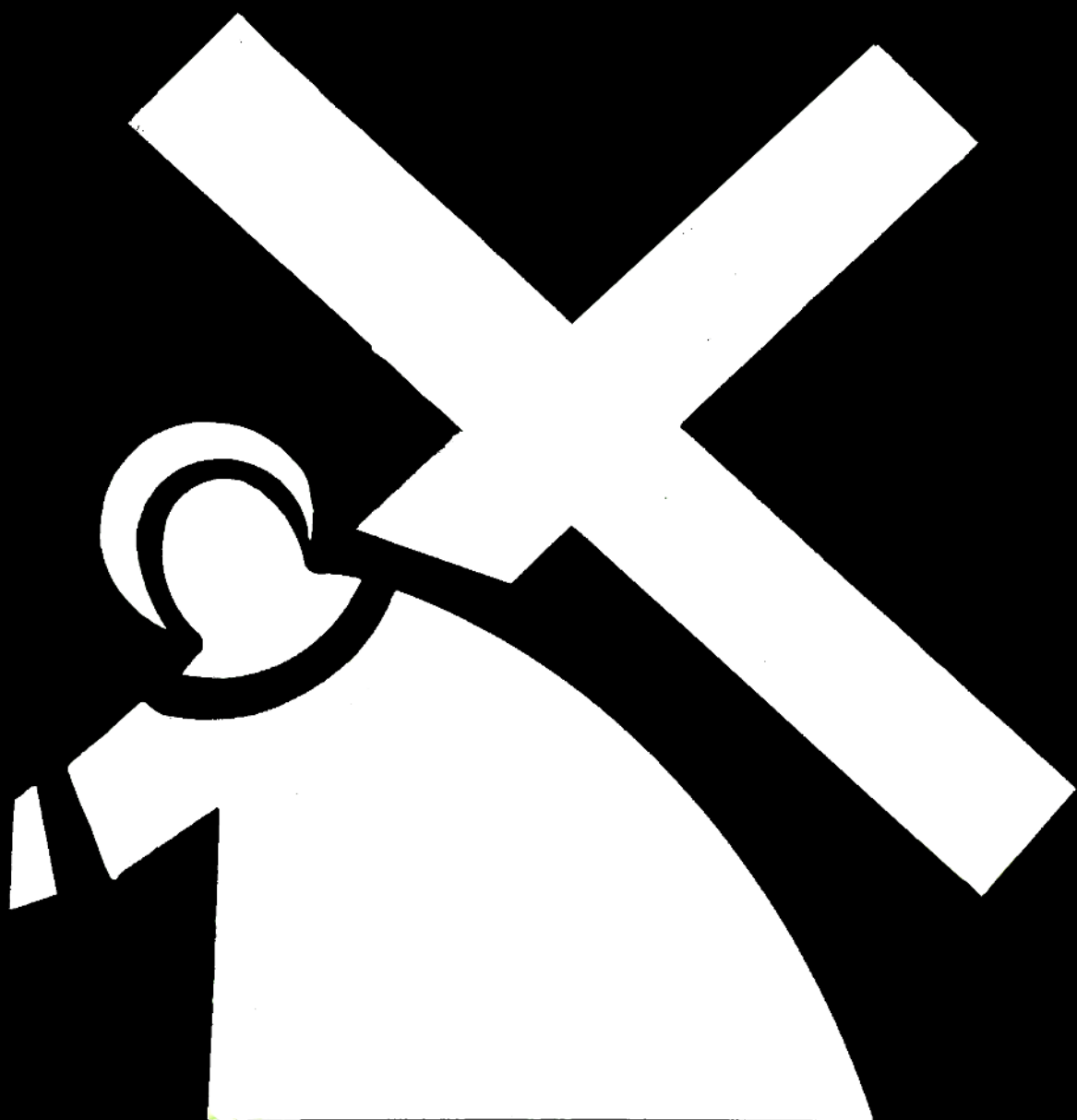
Prayer: Lord we ask you to give us the gift of kindness; never to condemn anyone around us, seeing God in everyone.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



11

Meditations on the Way of the Cross, through the life of Suzanne Aubert

II

2. Jesus is made to carry his cross

Suzanne had many crosses to bear – her ill-health; the disapproval of her parents; difficulties in setting up her mission, and more. But she devoted herself to lightening the crosses that others had to bear.

Do I struggle under the weight of my own crosses, the things that I find hard?
Where do I draw strength to carry on?

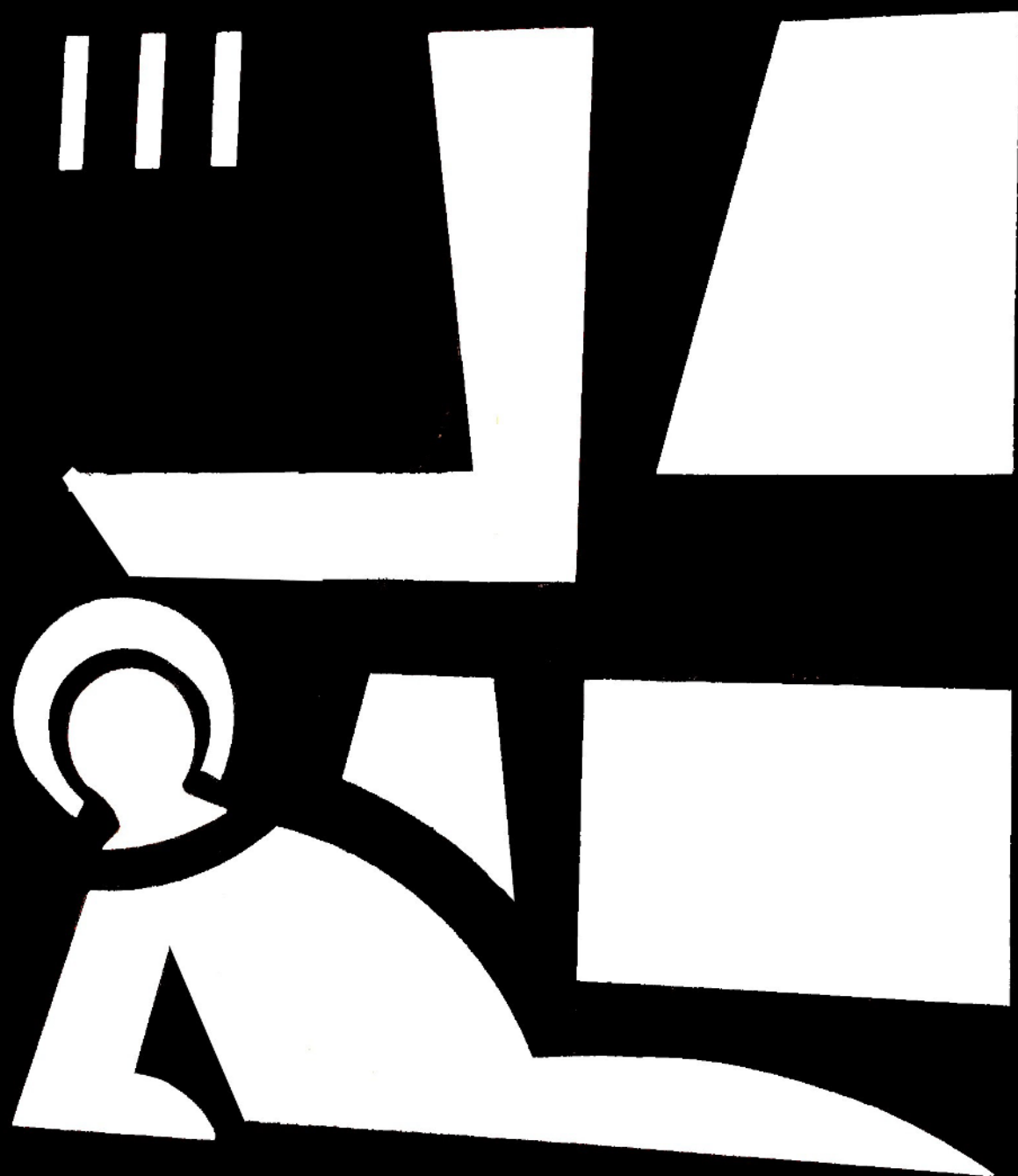
Prayer: Lord, we ask you to give us strength to carry on when life is hard.
May we use your example and the example of Suzanne Aubert to encourage us to be strong.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



Meditations on the Way of the Cross, through the life of Suzanne Aubert

III

3. Jesus falls for the first time

Mother Aubert must have sometimes felt that the many difficulties she faced were a great weight on her, like the cross was for you, Lord. She had been told by St John Vianney that she would ‘fall’ several times. However, she did not let these difficulties stop her in her mission.

What happens when I feel down or discouraged? As Pope Francis has reminded us – it is not the falling down that is the problem – it is how we get up and carry on that is important. Can I pick myself up, strengthened by my love of God?

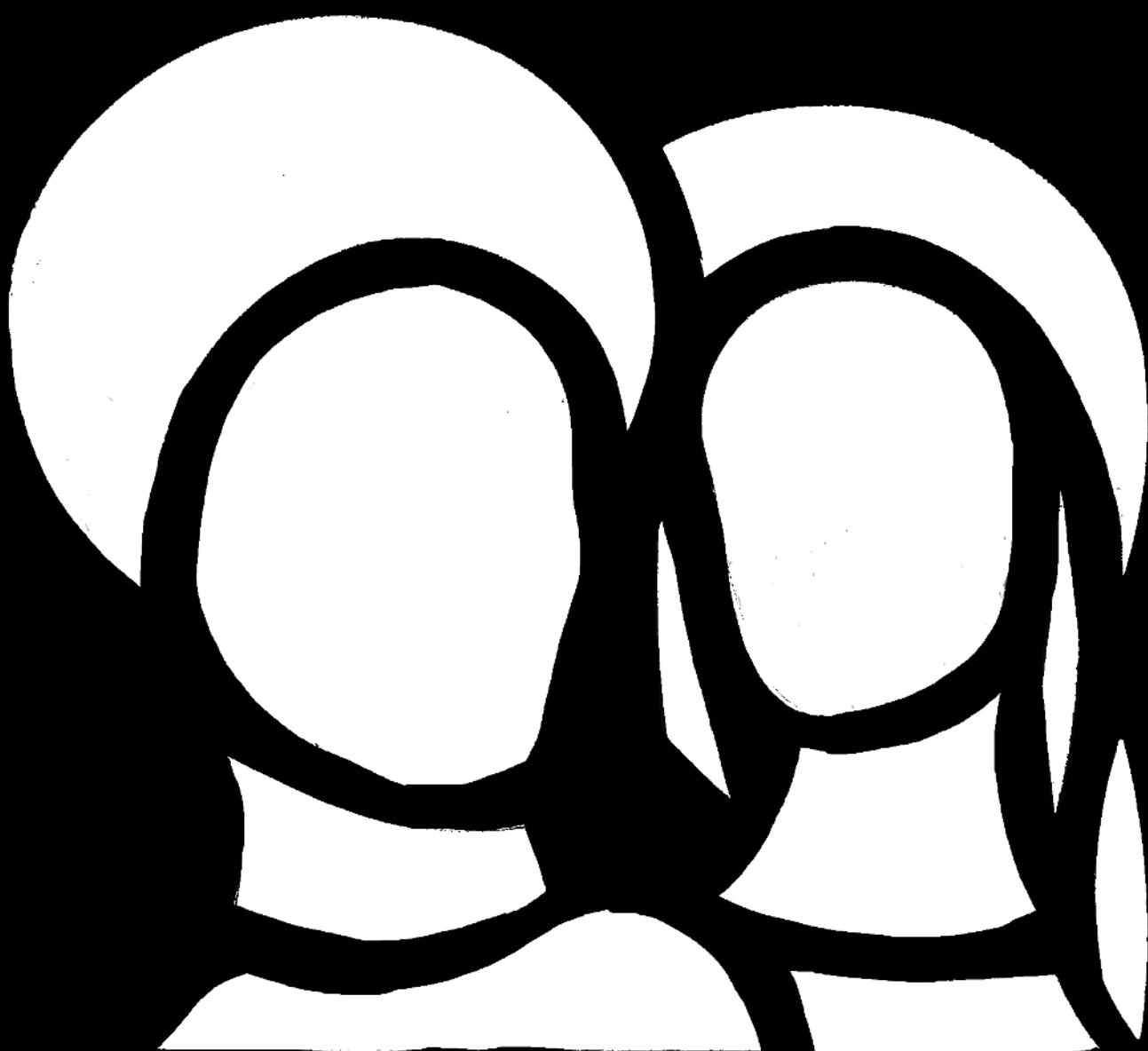
Prayer: Lord, help us to get up when life is hard and we fall. May we always keep our eyes on you, knowing that you will always lift us up, even when we feel hopeless.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



IV

Meditations on the Way of the Cross, through the life of Suzanne Aubert

IV

4. Jesus meets his Mother Mary

Suzanne and Mary share many qualities – they gladly said “yes” to the call of God. They showed caring and faithfulness, but also strength, determination and loyalty. Mary’s life cannot have been easy and neither was Suzanne’s.

Do I turn to Our Lady, knowing that she has experienced great sorrow? Do I let her accompany me and comfort me?

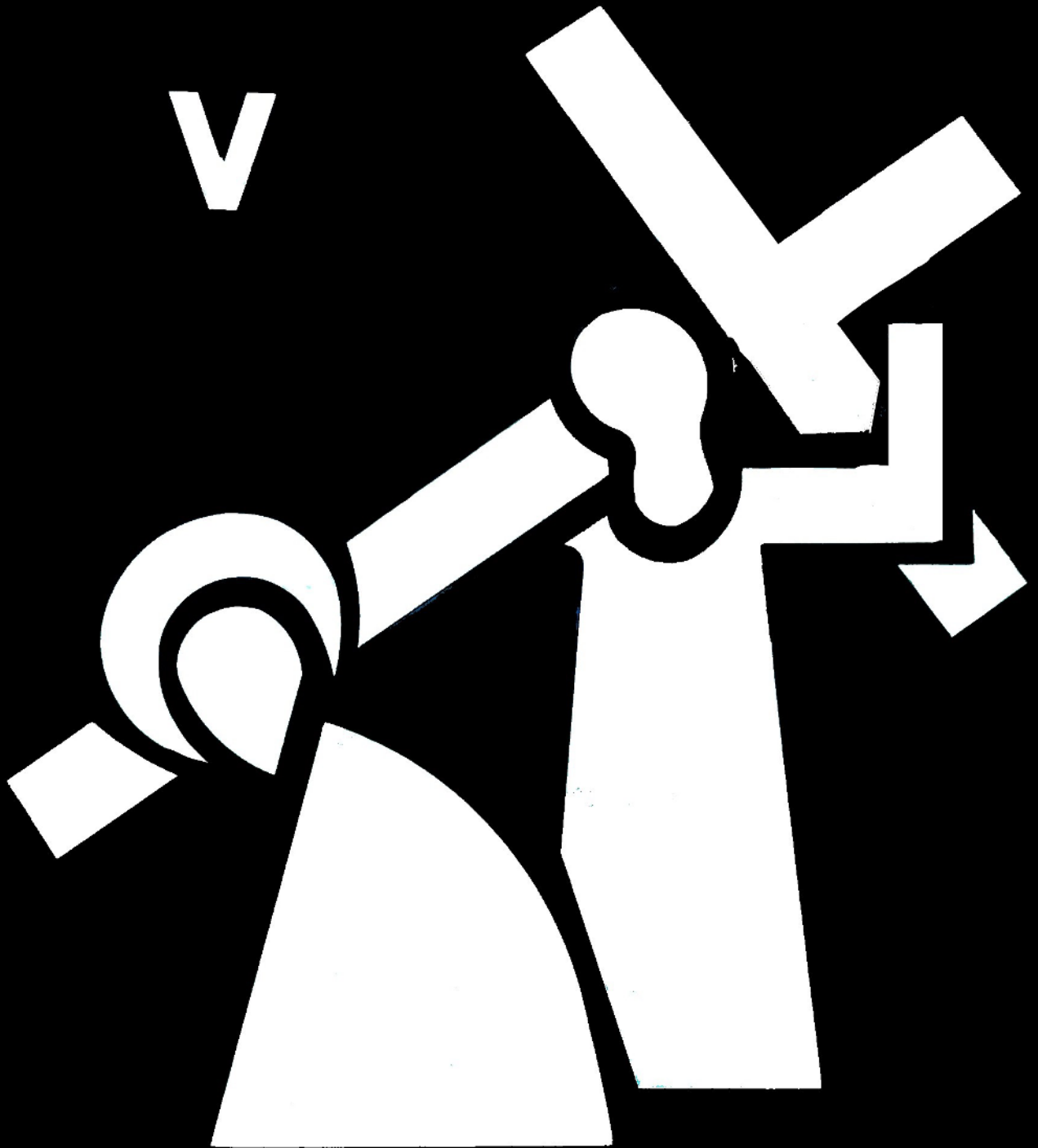
Prayer: Our Lady of Sorrows, we ask you to intercede for us with your Son. You know our sadness, our regrets and our disappointments, which you can present to Our Lord on our behalf, so that we may gain strength to always follow Jesus.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



Meditations on the Way of the Cross, through the life of Suzanne Aubert

V

5. Simon of Cyrene helps Christ to carry the cross

Suzanne helped so many to carry their crosses. But she also experienced that help herself – the support for her throughout New Zealand was considerable. When she died so many people turned out for her funeral.

Can I use my experience and my gifts to help others and lighten their loads?
Do I look for opportunities to help those who are struggling?

Prayer: Lord we thank you for the gifts you have given us. We ask you to help us see those who are suffering in our playground and in our other communities. May we be more like the Good Samaritan and less like the Levite who turned away.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

VI



Meditations on the Way of the Cross, through the life of Suzanne Aubert

VI

6. Veronica wipes the face of Jesus.

A beautiful act of compassion, of love for someone else, and of gentleness.

Suzanne's life was devoted to compassion, in many small ways – how many wounded faces has she wiped?

How do I show compassion? Do I walk away from difficult situations, so I don't have to give of myself to others?

Prayer: Lord, we thank you for the beauty of compassion. May we always remember that you have taught us to be merciful and compassionate to others.

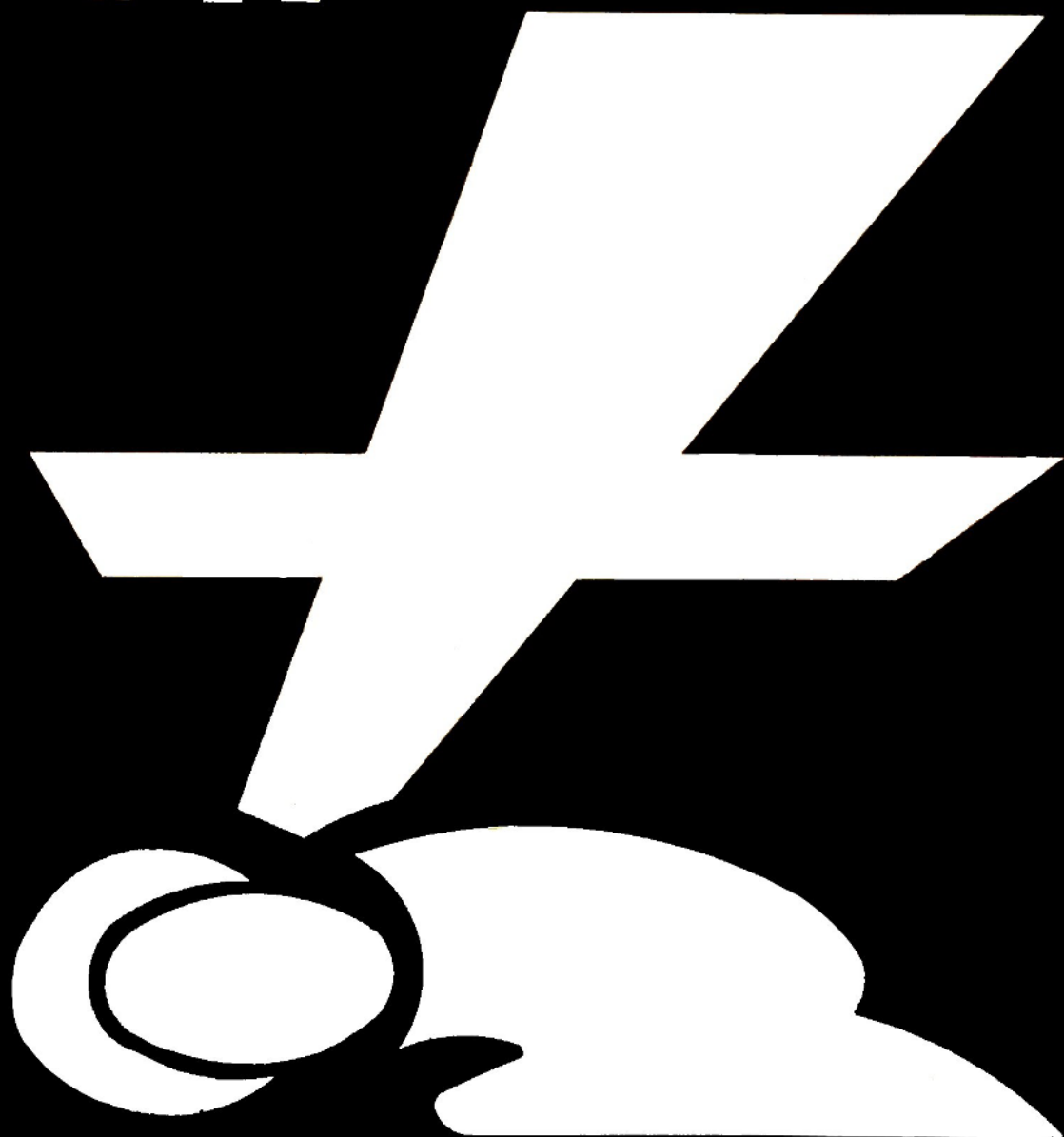
Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

VII



Meditations on the Way of the Cross, through the life of Suzanne Aubert

VII

7. Jesus falls for the second time

In life we don't just fall once – it happens again and again. Suzanne knew this. There must have been times when she felt discouraged and that something was too hard, but her faith carried her through.

Do I despair? Do I give up on God or on my friends? Can I look at what has happened and pray about it?

Prayer: Lord help us always to choose hope over despair. May your message of hope for the world always inspire us.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



VIII

Meditations on the Way of the Cross, through the life of Suzanne Aubert

VIII

8. Jesus meets the women of Jerusalem

The women were faithful. They did not run away and hide. They were there at the foot of the Cross, in the hardest of times. They conquered their fear and stayed with Jesus. Suzanne was also able to gather around her wonderful faithful women.

Would I have stayed with Jesus? Would I have thrown my lot in with Suzanne?
Given up so much to devote myself to the poor and needy?

Prayer: We pray for the gift of faith, of steadfastness, of loyalty. May the women at the foot of the Cross remind us that resurrection always follows death.

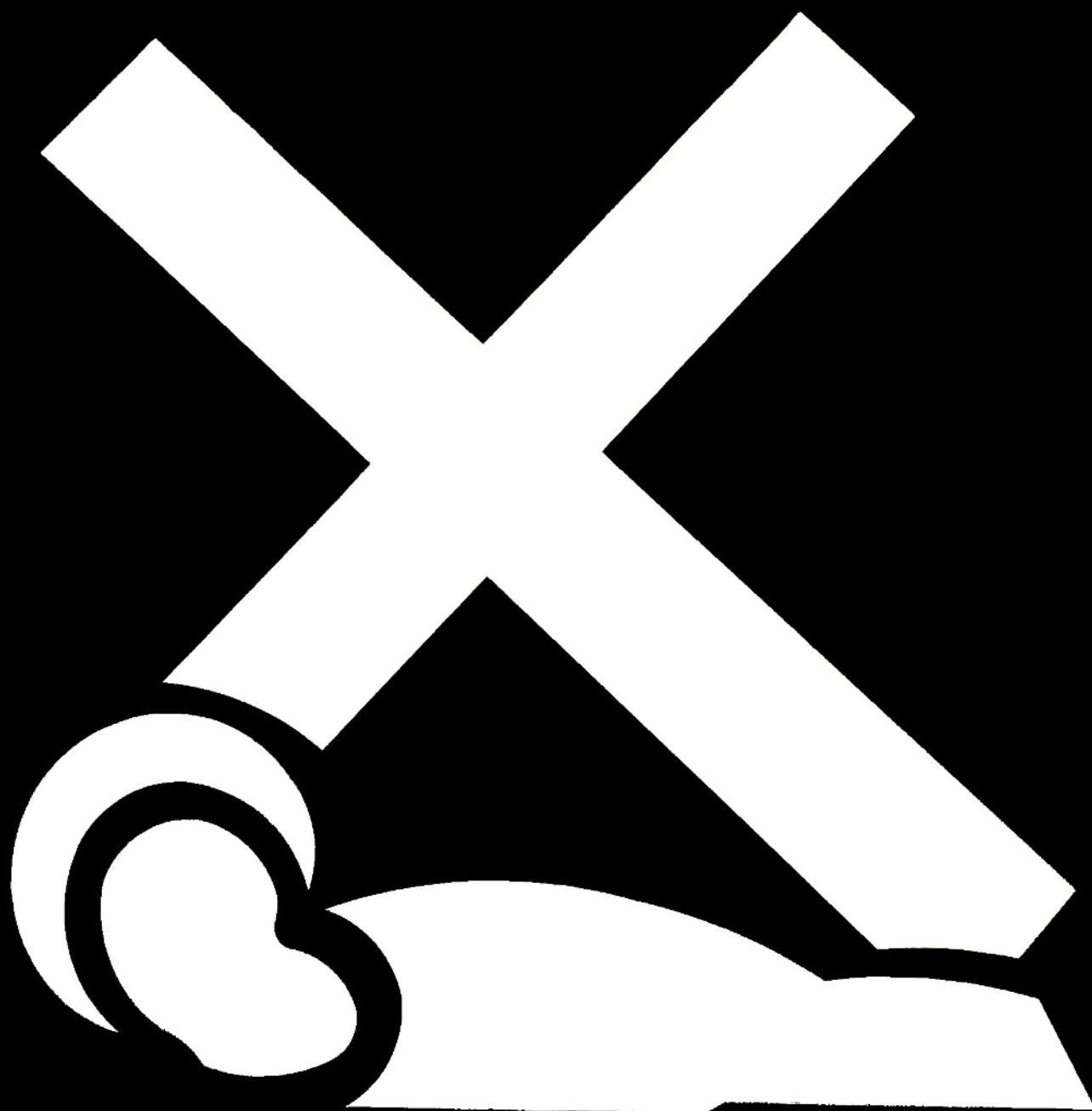
Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

IX



Meditations on the Way of the Cross, through the life of Suzanne Aubert

IX

9. Jesus falls for the third time.

Many of Suzanne's difficulties came from those she would have expected to help her. Did she feel discouraged? If she did, she did not give up. She had great faith in divine providence, God's care and plan for us.

Sometimes I am let down by those I trust and love. This is harder than when people I don't know very well let me down. Do I persevere and keep trying? Do I try to keep loving those who have let me down? Do I try to heal wounds and move forward, trusting that things will improve?

Prayer: Lord, give us the ability to see beyond the hurts that may be inflicted on us. May love conquer our difficulties.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

X



Meditations on the Way of the Cross, through the life of Suzanne Aubert

X

10. Jesus is stripped of his clothing

Suzanne understood how people could be stripped of their dignity. She saw Christ in everyone and so, for her, everyone had worth and beauty.

Do I recognise everyone's dignity as a child of God? Do I judge people in different ways? Do I like to surround myself with those who seem more popular or "cool"? Do I remember that Christ was despised and humiliated for me?

Prayer: Lord, help us to remember your teaching about caring for everyone. When we give help, support, and love to the least in our communities, we are serving you.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

XI



Meditations on the Way of the Cross, through the life of Suzanne Aubert

XI

11. Jesus is nailed to the Cross

This is the most violent and shocking of the 'Stations'. Suzanne was not daunted by shocking situations. Those who were excluded from families and communities were embraced by her.

Do I look away when someone is hurt or needs help? Can I open my heart and mind to those with the most suffering and not turn away?

Prayer: Lord, help us to see the suffering around us and in the world. May we find many small ways that we can help and bring comfort, according to our gifts.

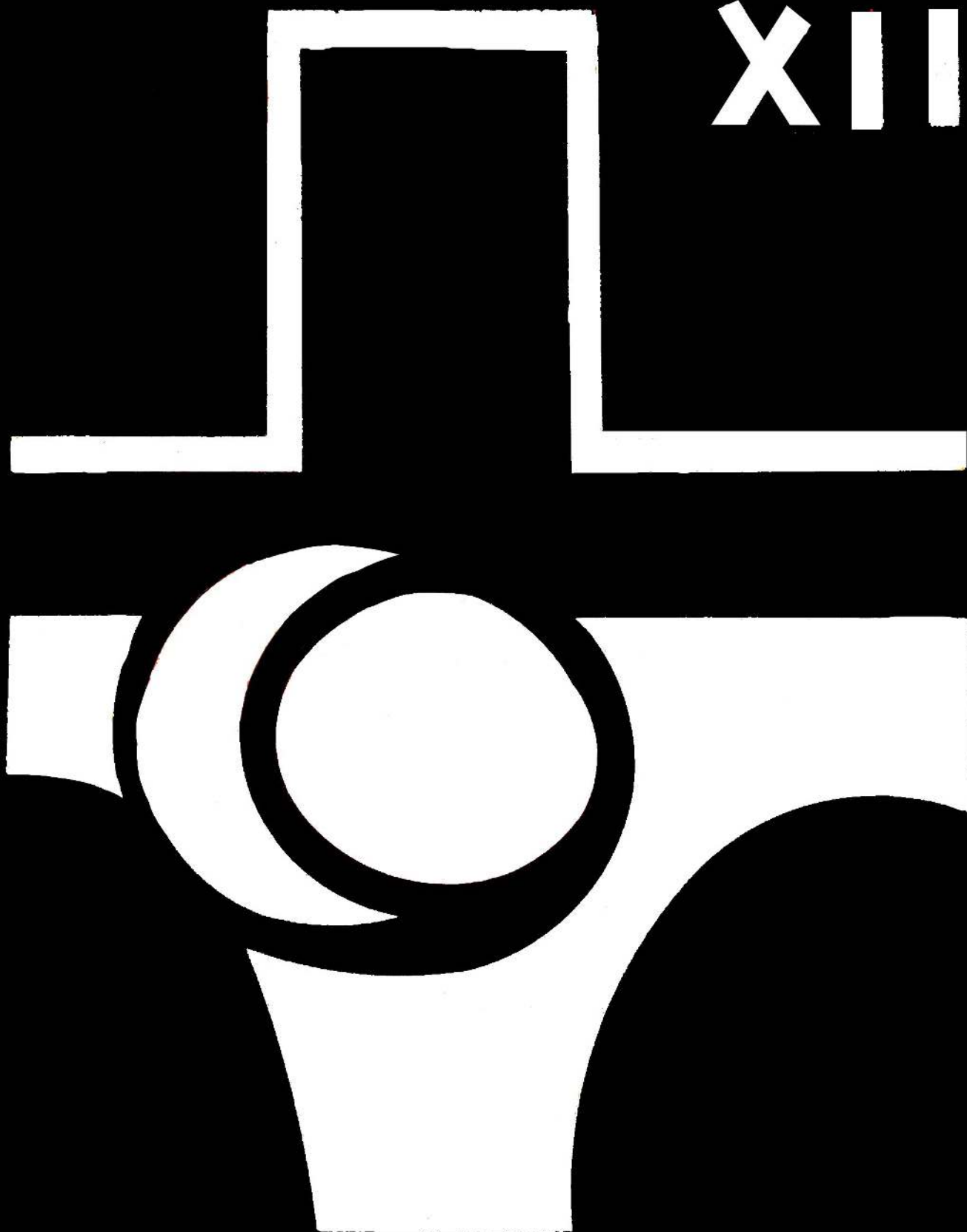
Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

XII



Meditations on the Way of the Cross, through the life of Suzanne Aubert

XII

12. Jesus dies on the Cross

Jesus showed us how much God loves us by dying for us. While Suzanne did not die for her faith like the martyrs, she gave all her life for God and his people.

What am I prepared to do for God and our faith? Do I give up when it is too hard? Do I try to follow the example of those who have dedicated their lives to God?

Prayer: Lord, help us to dedicate our lives to you in everyday ways. Strengthen us when we feel criticised or left out because we choose to follow you. Help us to remember you love us always.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou

XIII



Meditations on the Way of the Cross, through the life of Suzanne Aubert

XIII

13. Jesus is taken from the Cross

How this was done? Was it done roughly, by the soldiers, glad that their work was finished, or was it done with gentleness, respecting the body of Christ? Suzanne knew all about tenderness, nursing the dying and the incurable. She would have been with the women who anointed and cared for the body of Jesus.

Do I show gentleness and tenderness? Do I try to understand when others are sad? Do I treat others well every day?

Prayer: We ask you for the gift of gentleness and tenderness, knowing that this is your way. Banish unkindness and judgement of others from our lives. Help other people to know you through our good example.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



XIV

Meditations on the Way of the Cross, through the life of Suzanne Aubert

XIV

14. Jesus is laid in the tomb

Joseph of Arimathea was brave enough to ask for the body of Christ. He had been a secret disciple, but now he was ready to declare his faith and loyalty. Suzanne was always courageous; not afraid to be open about her love of God and to turn that into actions to care for God's people especially the most vulnerable and needy.

How brave am I about showing my faith? Do I show God's love to others, by what I do and how I treat others?

Prayer: Lord, we ask you for the gift of courage. May our love for you shine forth in our lives, drawing people to you by our joy.

Lord hear us

E te Ariki

Lord hear our prayer

Whakarongo mai rā ki a mātou



Stations of the Cross by John Drawbridge illuminate

The Chapel of Our Lady of Compassion, Island Bay, Wellington

The Stations of the Cross have a particular significance for the Sisters of Compassion, based on the example of Mary, the woman of the compassion who stood at the foot of the cross.

Credits:

Stained glass windows by John Drawbridge, photographs by Nina Cuccurullo, blank templates by Stasia Kennedy

Reflections adapted from text by Bridget Taumoepeau



Bring your learning to life
Discover the legacy of Suzanne Aubert
Experience the living mission of the Sisters of Compassion

Tours and programmes can be tailored for your school group at
The Suzanne Aubert Heritage Centre and the Compassion Soup Kitchen

Contact us to find out more: schools@compassion.org.nz

*Suzanne Aubert (1935-1926) thrived on challenges and was never put off by what was difficult.
She saw Christ in everyone she encountered, particularly the poor and the vulnerable.*

*Suzanne Aubert, founder of the Sisters of Compassion, is currently being considered for canonisation.
If her Cause is successful, she will become New Zealand's first saint.*



Sisters of Compassion is a registered charity. Registration number CC10246.