# **2019 Spirituality Events**

Nau mai Haere mai

## Our Lady's Home of Compassion

## Spirituality Programme

We invite you to our place of prayer, pilgramige, retreat and respite.





## Opportunities for Prayer & reflection

#### Schedule

1st March 5th April 3rd May 7th June 5th July 2nd August 6th September 4th October 1st November 6th December

## Schedule

Each Monday from 4th February to 16th December

## Schedule

Each Sunday from February to December

## Schedule

13th, 20th, 27th March 3rd, 10th April

#### Taizé Prayer

#### First Friday of the month in the Chapel – 7pm to 8pm

Taizé is prayer consisting of meditative singing – simple songs typically featuring a line or two from the Psalms. A kind of lectio divina in music, reading and spoken prayer along with periods of silence.

### **Christian Meditation**

#### Each Monday evening in the Chapel – 7pm to 8pm

The practice of Christian meditation is an ancient form of contemplative prayer, deeply anchored in the teachings of the desert Fathers and Mothers of the 4th and 5th centuries. No previous experience is need to participate – all are welcome.

### Sunday Miha

11am Sunday Miha (Māori Mass) in the Chapel.

On those Sundays when no Priest is available, a Liturgy with Holy Communion is celebrated.

#### **Contemplative Prayer**

Wednesday seminars - 10am sessions are repeated at 7pm

Fr Jeff Drane leads this five-week seminar series on the tradition and practice of Contemplative Prayer. The theme for the series is, "Prayer from the heart," and involves taking time to develop the practice of deep listening. No previous experience is necessary and all are welcome.

## Opportunities for Retreats & renewal

#### Schedule

14th March 11th April 9th May 13th June 11th July 8th August 12th September 10th October

#### Schedule

26th - 27th January

### **Quiet Days with Suzanne Aubert**

#### Second Thursday of the month – 10am to 2pm

Insights from Suzanne's life can be a means of developing our own spiritual tools and wisdom. Suzanne knew very well that life can be difficult and exhausting. Her understanding of human nature led her to offer practical and gentle advice. Simple lunch provided, please register.

#### Hiruhārama Pilgrimage

#### Saturday 26 & Sunday 27 January, at Hiruhārama/Jerusalem

Hiruhārama holds a special place in New Zealand's history and is at the heart of Compassion identity. Spiritual home of the Sisters of Compassion and the final resting place for poet James K Baxter, this pilgrimage to Hiruhārama is as much a journey of the heart, as it is a physical place to visit. All are welcome. Accommodation at the Old Convent is limited, so please book early.

#### Schedule

Saturday 25th May

#### A Day for Poetry and Prayer

#### Saturday 25 May, 10am to 3pm

Well-known Cenacle Sister and poet Anne Powell leads this day of 'Poetry and Prayer'. Drawing from her most recent book of poems, "The Edge of Things" Anne will share insights and practical advice to help participants bring their own prayers and poetry 'into the light'. Registration is required for this event – please book early.

#### Contacts

Sr Margaret Anne Mills dolc Sr Sue Cosgrove dolc Sr Josefa Tikoisolomone dolc

By appointment Retreat@compassion.org.nz Phone: 04 383 7769

### **Spiritual Direction**

#### More info: www.compassion.org.nz

More accurately called spiritual companioning, this ministry of walking alongside another, supports people in their deepening awareness of the presence and action of God in their lives. Spiritual direction differs from counselling or professional supervision in that it is focused on the lived, personal experience of prayer – the relationship between self and God.

## Places to visit at Our Lady's Home of Compassion

## **Opening Hours**

Tuesday – Saturday 10am to 3pm

Sunday 12pm to 3pm

For more details, visit: www.compassion.org.nz

Cloister Café is closed on Tuesday

#### More Info

To be kept up to date with events throughout 2019, please contact us and ask to be added to the Spirituality Programme mailing list.

Retreat@compassion.org.nz 04 383 7769 www.compassion.org.nz

2 Rhine Street (off Murray Street) Island Bay Wellington 6023



#### Suzanne Aubert's final resting place

#### Suzanne Aubert – Meri Höhepa

A slab of Waitaha stone with a simple carved inscription marks the place where Suzanne Aubert is buried, beneath the Chapel floor at Our Lady's Home of Compassion, Island Bay. This specifically designed prayer space is open to the public each day and at other times by arrangement.

The journey from her native France to this, her final resting place in Aotearoa New Zealand, is an extraordinary story of faithful courage. The lights embedded in the vaulted ceiling above her, reference the southern cross constellation – a poignant symbol that she rests among her people, in this land. All are welcome to visit and sit a while.

## Chapel of Our Lady of Compassion

#### A place of prayer, pilgrimage, respite and retreat

Visitors and pilgrims visiting the Chapel are welcome to take time out for quiet prayer or to simply sit with their own thoughts. The iconic Stations of the Cross, designed by renown artist John Drawbridge, are a wonderful source of contemplative inspiration and visitors will be rewarded by the addition of the 15th Station, the stained glass Resurrection window, also by John Drawbridge.

#### Suzanne Aubert Heritage Centre

#### Spaces for permanent and temporary exhibitions

The inspiring story of the Venerable Suzanne Aubert, her early life, her journey to Aotearoa New Zealand, her scholarship and accomplishments in botany, chemistry and traditional Māori medicine as well as her love for the people of this land, is told in the Heritage Centre's permanent exhibition. New material about the ongoing work of the Sisters of Compassion and their co-workers means there is always more to discover.