

Main Menu Selection 2018

Our Lady's Home of Compassion, Island Bay



Our kitchen offers a range of excellent catering options to suit each individual group. A selection of available lunch, desert and dinner options is provided below.

Menu One *Gluten free and vegetarian options available* **\$19 p/p**

Chicken and Mushroom in a light cream and white wine sauce
New Potatoes or Mashed Potatoes
Roast Root Vegetables -Yams, Parsnip, Carrots etc
Steamed Broccoli
Green Salad

Baked Rice Pudding with Plums **\$6 p/p**

Menu Two *Gluten free and vegetarian options available* **\$19 p/p**

Beef and Spinach Lasagne
Garlic Bread
Green Salad
Pickled Beetroot
Buttered Green Beans

Apple Cinnamon Crumble and Ice Cream **\$6 p/p**

Menu Three *Gluten free and vegetarian options available* **\$19 p/p**

Baked Lamb Chops in Gravy
Baked Potatoes
Sautéed Silverbeet and Peas
Steamed Carrots
Cabbage and Mint Salad

Lemon Delicious Pudding with Cream **\$6 p/p**

Menu Four *Gluten free and vegetarian options available* **\$14 p/p**

Soup
Pumpkin, **or** Beef Vegetable and Barley, **or** Chunky Lamb, Lentil & Tomato

With Homemade Pizza Bread **or** Cheese Toasties
Fruit Platter
Biscuits

Menu Five *Gluten free and vegetarian options available* **\$14 p/p**

Selection of Sandwiches; Marinated Chicken Drumsticks

Homemade Savouries: Mini Quiche; Sausage Rolls; Mince Pies

Fruit Platter
Biscuits and Slice **or** Cake

Finger Food Menu 2018



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Sandwiches (\$2 per item)

Mini Triangles

Variety of fillings can be gluten free, vegetarian etc

Club Sandwiches

Variety of fillings can be gluten free, vegetarian etc

Savoury (\$2 per item)

Falafels with Yoghurt dip

Gluten Free and Vegetarian

Spanakopita Filo Triangles

Vegetarian

Mini Quiche

Vegetarian or Meat

Kumera and Coriander Fritters

Gluten Free and Vegan

(with Dipping Sauce)

Pizetta

Vegetarian, Vegan or Meat

Sausage Rolls

Homemade-Meat or Vegetarian

Individual Frittatas

Vegetarian, Meat or Gluten Free

Vegetarian Platters (\$3 per person)

Humus, Pesto, Crudites, Crackers etc

Fruit Platters (\$3 per person) Selection of Sliced Fruit

Sweets and Baking (\$1.50 per item)

Mini Cheese, Date or Plain Scones

With Jam and Cream

Mini Muffins

Savoury or Sweet

Date and Coconut Bliss Balls

Vegan and Gluten Free

Chocolate Cup Cakes

Vegan or Gluten Free

options

Almond Orange Cupcakes

Gluten Free and Dairy Free

Banana/Lemon Cupcakes

No refined Sugar and Dairy Free

Blackbean Brownies

Sugar and Dairy Free

Biscuits

- Afghans, Chocolate Cookies, Macaroons etc