

2018 Spirituality Events

Nau mai Haere mai



Spiritual programmes

We invite you to our place of pilgrimage, prayer, respite and retreat.

Spirituality and Retreat

“We are planting fruit trees.”
Kei te whakato rakau hua matou.

Opportunities for Prayer and reflection

2018 Schedule

2 March
6 April
4 May
1 June
6 July
3 August
7 September
5 October
2 November
7 December

Taizé Prayer

First Friday of the month in the Chapel – 7pm to 8pm

Taizé is prayer consisting of meditative singing – simple songs typically featuring a line or two from the Psalms. A kind of lectio divina in music, reading and spoken prayer along with periods of silence.

“We can each learn to live in the spirit of kindness, simplicity and reconciliation.”
Brother Roger Schütz



2018 Schedule

Each Monday from
12 February to
17 December (inclusive)

Christian Meditation

Each Monday evening in the Chapel – from 7pm

The practice of meditation is an ancient form of contemplative prayer, deeply anchored in the teachings of the early Christian desert fathers and mothers of the 4th and 5th centuries.

“We can meditate outside of any spiritual tradition, but it will always lead us back home where we belong; the heart.”
Fr Laurence Freeman

2018 Schedule

8 March
12 April
19 May
14 June
12 July
9 August
13 September
11 October

Quiet Days with Suzanne Aubert

Second Thursday of the month – 10am to 2pm

Insights from Suzanne's life can be a means of developing our own spiritual tools and wisdom. Suzanne knew very well that life can be difficult and exhausting. Her understanding of human nature led her to offer practical and gentle advice.

“When a crotchety old woman, in an awful temper, throws her cup or her pillow... give a good shaking to the pillow and attempt to catch the cup.”

Suzanne Aubert – Meri Hohepa



Please note:

Registration required

A simple lunch is provided (koha) – all are welcome.

Opportunities for Retreat Days



2018 Schedule

25-27 May (3 days)
22 – 31 July (8 days)
21 – 28 Sept (6 days)

For more information,
please visit:
www.ignatianspirituality.nz

Ignatian Retreats

This residential series of silent, individually guided retreats, in the dynamic of the Spiritual Exercises of St Ignatius of Loyola, are open to all.

'Deep calls to Deep' – 3 day silent retreat

If your heart is calling you to put down your technology, come aside, and take this opportunity to be silent, still and notice the deeper desires of your heart; then this retreat could be for you. Application open to all. Cost \$325.

'A New Heart' – 8 day silent retreat

An 8-day silent individually guided retreat in the dynamic of the Spiritual Exercises of St Ignatius of Loyola. Application open to all. Cost \$880 (9 nights accommodation and food plus daily direction)

'Attending to Holy Mystery' – 6 day silent retreat

A 6 day silent individually guided retreat in the dynamic of the Spiritual Exercises of St Ignatius of Loyola. Open to all. Cost \$680 (7 nights accommodation plus food and direction)

*"I learned by experience that one train of thought left me sad,
the other joyful. This was my first reasoning on spiritual
matters."*

Ignatius of Loyola



Please contact:

pip.nicholls@xtra.co.nz or
Retreat@compassion.org.nz
Phone: 04 383 7769

12 & 13 May

'Out of Silence came Word'

Out of Silence came the Word and that Word is expressed as 'our' Inner Aliveness.

Facilitator: Pip Nicholls

Venue: Home of Compassion Retreat Centre, 2 Rhine St, Island Bay

Dates: 10am Saturday 12th May to 3pm Sunday 13th May

Fee: \$175 for residential and \$120 for non-residential. There will be a session after tea on Saturday evening.

Please contact:

Veronica
vjpdap@gmail.com
or 021 238 6675

5 May & 2 August & 3 November

'A Caring Space for Carers'

A time to explore the burdens and blessings of caring for others.

Come as you are, however you find yourself. We offer some ways to encounter the Holy, through compassionate listening, scripture, prayer, art, creativity, silence, optional sharing with others, or simply to have a nap or just sit.

Facilitators: Gill Schaap and Ronnie Parton

Opportunities for Spiritual growth

2018 Schedule

- 11 April**
"Mary and Martha"
Sisters of Compassion
- 18 April**
"Serving at the Crossroads"
NZ Defence Force Chaplaincy
- 25 April**
"Walking With Love"
Rachel's Vineyard Retreat Team
- 2 May**
"Young, Gifted and Free"
Challenge 2000 Team
- 9 May**
"Purposeful Activity"
Compassion Soup Kitchen
- 18 May**
"The Deepest Yes"
Marist Community

'Spirituality of Service' discussions Wednesday evenings – 7pm



Sisters of Compassion
invite you to the 2018

Spirituality of Service

discussion evenings

Wednesday evenings
7pm to 8.15pm

in the Chapel of
Our Lady of Compassion,
2 Rhine Street, Island Bay

Discussion Programme

11 April – Mary and Martha
Sisters of Compassion

18 April – Serving at the Crossroads
Chaplaincy--NZ Defence Force

25 April – Walking With Love
Rachel's Vineyard Retreat Team

2 May – Young, Gifted and Free
Challenge 2000

9 May – Purposeful Activity
Compassion Soup Kitchen

16 May – The Deepest Yes
Marist Community

Nau mai, haere mai all are welcome
There is no cost to attend these sessions.

To register your interest, please contact:
retreat@compassion.org.nz or ph 04 383 7769



This discussion series in the weeks following Easter, focuses on our baptismal call to embrace a '**spirituality of service**'. An ideal opportunity for people of all ages and stages of their faith to unpack the gift of the Easter mysteries and to consider the influence this might have on their lives.

This time of *Mystagogia* – literally *going deeper into the spiritual gifts we have received*, will include insights from guest speakers on living as a people of faith and putting Catholic social teaching into action.

"Compassion demands action." Suzanne Aubert – Meri Hohepa

Opportunities for Spiritual accompaniment

Contacts

Sr Margaret Ann Mills dolc
Sr Sue Cosgrove dolc
Sr Josefa Tikoisolomone dolc

By appointment

Retreat@compassion.org.nz
Phone: 04 383 7769

*Please ask for a list of other
Spiritual Directors who may
be available.*

Spiritual Direction



“Knowing the sound of your own feet...”

More accurately called spiritual companionship, this ministry of walking alongside another, supports people in their deepening awareness of the presence and action of God in their lives.

Spiritual direction differs from counselling or professional supervision in that it is focused on the lived, personal experience of prayer – the relationship between self and God.

The unfolding of personal vocation happens through the people and events of everyday life.

The purpose of spiritual direction is to help us hear clearly and respond faithfully to this day-in day-out summons to, “Act justly, love mercy and walk humbly with your God.” *Micah 6:8*

“A space to acknowledge and explore our deepest longings – to explore the paradoxes of life, to feel loved and to offer love .”

Sr Sue Cosgrove dolc

Places to visit at Our Lady's Home of Compassion

Opening Hours

Monday – Saturday
10am to 3pm

Sunday
12noon – to 3pm

For more details, visit:
www.compassion.org.nz

Looking ahead...

16 June

The 2018 Matariki lecture:
"Speaking of Hope". Guest
speakers, activities, Liturgy.

19 June

Suzanne Aubert's birthday
celebration and Mass

21 June

Mass of Remembrance:
'Remembering the shortest
lives on the shortest day'

1 October

Anniversary of Suzanne Aubert's
death in 1926. National
commemoration day for this
extraordinary woman.

2 December

'Carols around the Crib'
Families are welcome to this
afternoon event of hospitality,
activities, wonder and awe.

Suzanne Aubert Heritage Centre

Spaces for permanent and temporary exhibitions

The inspiring story of the Venerable Suzanne Aubert, her early life, her journey to Aotearoa New Zealand, her scholarship and accomplishments in botany, chemistry and traditional Maori medicine as well as her love for the people of this land, is told in the Heritage Centre's permanent exhibition.

New material about the on-going work of the Sisters of Compassion and their co-workers means there is always more to discover.



Nau mai, haere mai – all are welcome

For more information and to register for events:

Email: Retreat@compassion.org.nz

Phone: 04 383 7769

Visit: www.compassion.org.nz

To be kept up to date with events throughout 2018, please contact us
and ask to be added to the **Spirituality Programme mailing list**.

Places to visit at Our Lady's Home of Compassion

Opening Hours

Monday – Saturday
10am to 3pm

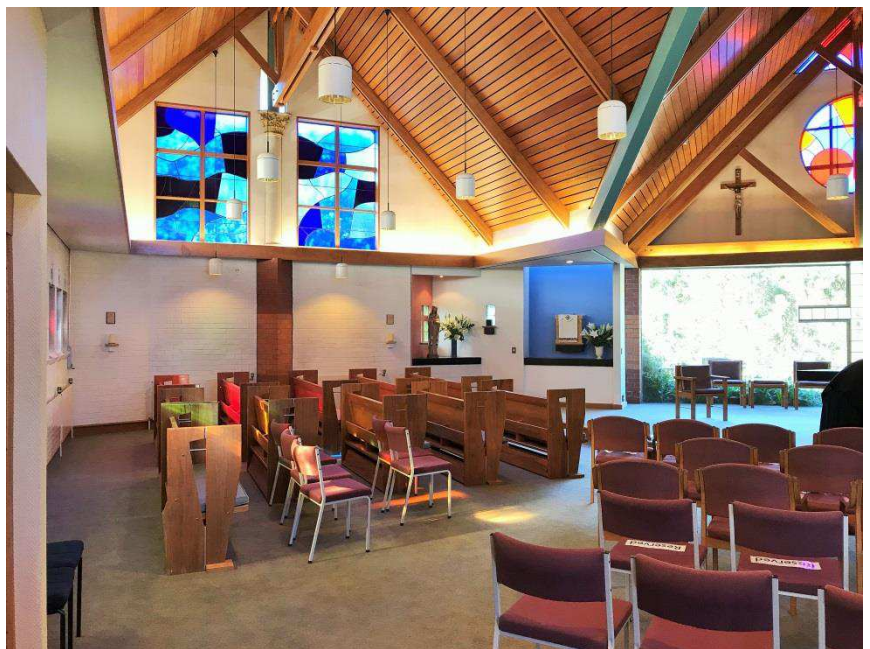
Sunday
12noon – to 3pm

For more details, visit:
www.compassion.org.nz

Chapel of Our Lady of Compassion

A place of prayer, pilgrimage, respite and retreat

Visitors and pilgrims visiting the Chapel are welcome to take time out for quiet prayer or to simply sit with their own thoughts. The iconic Stations of the Cross, designed by renown artist John Drawbridge, are a wonderful source of contemplative inspiration and visitors will be rewarded by the addition of the 15th Station, the stained glass Resurrection window, also by John Drawbridge.



Suzanne Aubert's final resting place

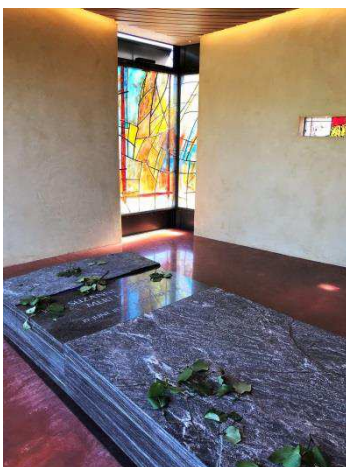
Suzanne Aubert – Meri Hohepa

A slab of Waitaha stone with a simple carved inscription, marks the place where Suzanne Aubert is buried, beneath the Chapel floor at Our Lady's Home of Compassion, Island Bay. This specifically designed prayer space is open to the public each day and at other times by arrangement.

The journey from her native France to this, her final resting place in Aotearoa New Zealand, is an extraordinary story of faithful courage. The lights embedded in the vaulted ceiling above her, reference the southern cross constellation – a poignant symbol that she rests among her people, in this land.

All are welcome to visit and stay a while.

*"Rivers do not return to their source."
Suzanne Aubert – Meri Hohepa*



Spirituality Programme Schedule



April 2018

2 Monday	Christian Meditation – 7pm Chapel
6 Friday	Taizé Prayer – 7pm Chapel
8 Sunday	Miha – 11am Chapel
9 Monday	Christian Meditation – 7pm Chapel
11 Wednesday	‘Spirituality of Service’ discussion – 7pm Lyon Room Theme: ‘Mary and Martha’ presented by Sisters of Compassion
12 Thursday	Quiet Day with Suzanne Aubert – 10am to 2pm
15 Sunday	Miha – 11am Chapel
16 Monday	Christian Meditation – 7pm Chapel
18 Wednesday	‘Spirituality of Service’ discussion – 7pm Lyon Room Theme: ‘Serving at the Crossroads’ presented by NZ Defence Force Chaplains
22 Sunday	Miha – 11am Chapel
23 Monday	Christian Meditation – 7pm Chapel
25 Wednesday	‘Spirituality of Service’ discussion – 7pm Lyon Room Theme: ‘Walking with Love’ presented by Rachel’s Vineyard Retreat Team
29 Sunday	Miha – 11am Chapel
30 Monday	Christian Meditation – 7pm Chapel

May 2018

2 Wednesday	‘Spirituality of Service’ discussion – 7pm Chapel Theme: ‘Young, Gifted & Free’ presented by Challenge 2000
4 Friday	Taizé Prayer – 7pm Chapel
6 Sunday	Miha – 11am Chapel
7 Monday	Christian Meditation – 7pm Chapel
9 Wednesday	‘Spirituality of Service’ discussion – 7pm Chapel Theme: ‘Purposeful Activity’ presented by the Soup Kitchen Team
10 Thursday	Quiet Day with Suzanne Aubert – 10am to 2pm
12 Sat – 13 Sun	Two-day Retreat. Theme: ‘Out of Silence came Word’ facilitator Pip Nicholls
13 Sunday	Miha – 11am Chapel
14 Monday	Christian Meditation – 7pm Chapel
16 Wednesday	‘Spirituality of Service’ discussion series – 7pm Theme: ‘The Deepest Yes’ presented by the Marist Community
20 Sunday	Miha – 11am Chapel
21 Monday	Christian Meditation – 7pm Chapel
25 Friday	Compassion Soup Kitchen Street Appeal – Wellington
27 Sunday	Miha – 11am Chapel
28 Monday	Christian Meditation – 7pm Chapel
25 Fri – 27 Sun	Three-day Retreat. Theme: ‘A New Heart’ facilitated by Ignatian Spirituality NZ