

2018 Spirituality Events

Nau mai, haere mai



Spiritual programmes

We invite you to our place of pilgrimage, prayer, respite and retreat.

Spirituality and Retreat

“We are planting fruit trees.”

Kei te whakatō rakau hua matou.



Updated: 06/12/2017

Opportunities for Prayer and reflection

2018 Schedule

2 March
6 April
4 May
1 June
6 July
3 August
7 September
5 October
2 November
7 December

Taizé Prayer

First Friday of the month in the Chapel – 7pm to 8pm

Taizé is prayer consisting of meditative singing – simple songs typically featuring a line or two from the Psalms. A kind of lectio divina in music, reading and spoken prayer along with periods of silence.

“We can each learn to live in the spirit of kindness, simplicity and reconciliation.” Brother Roger Schütz

2018 Schedule

21 February (10am or 7pm)
28 February (10am or 7pm)
7 March (10am or 7pm)
14 March (10am or 7pm)
21 March (10am or 7pm)

Contemplative Prayer Series

Wednesday seminars – 10am sessions are repeated at 7pm

Fr Alan Roberts, Chaplain at the Home of Compassion, Island Bay offers this five-week seminar series on the tradition of Contemplative Prayer. Topics will include: Our image of God; Growth in Prayer; Meditation & Contemplation; Inner Healing and the influence of St Ignatius Loyola.

“None of us should imagine that the ways of contemplative prayer are closed to us, because God is always infinitely larger than our expectations.” Margaret Silf

2018 Schedule

11 April
18 April
25 April (ANZAC Day)
2 May
9 May
16 May

‘Spirituality of Service’ discussions

Wednesday evenings – 7pm

This discussion series in the weeks following Easter, focuses on our baptismal call to embrace a ‘**spirituality of service**’. An ideal opportunity for people of all ages and stages of their faith to unpack the gift of the Easter mysteries and to consider the influence this might have on their lives.

This time of *Mystagogia* – literally *going deeper into the spiritual gifts we have received*, will include insights from guest speakers on living as a people of faith and putting Catholic social teaching into action.

“Compassion demands action.” Suzanne Aubert – Meri Hōhepa

Please note: Our Lady’s Home of Compassion is closed from 22 December to 8 January 2018

Sunday Miha and weekday Mass

11am Sunday Miha (Maori Mass)

9am Monday to Friday Mass or Holy Communion liturgy

Nau mai, haere mai – All are welcome

Opportunities for Retreat and respite

2018 Schedule

Each Monday from
12 February to
17 December (inclusive)

Christian Meditation

Each Monday evening in the Chapel – from 7pm

The practice of meditation is an ancient form of contemplative prayer, deeply anchored in the teachings of the early Christian desert fathers and mothers of the 4th and 5th centuries.

*"We can meditate outside of any spiritual tradition, but it will always lead us back home where we belong; the heart."
Fr Laurence Freeman*

2018 Schedule

8 March
12 April
19 May
14 June
12 July
9 August
13 September
11 October

Quiet Days with Suzanne Aubert

Second Thursday of the month – 10am to 2pm

Insights from Suzanne's life can be a means of developing our own spiritual tools and wisdom. Suzanne knew very well that life can be difficult and exhausting. Her understanding of human nature led her to offer practical and gentle advice.

"When a crotchety old woman, in an awful temper, throws her cup or her pillow... give a good shaking to the pillow and attempt to catch the cup." Suzanne Aubert – Meri Hōhepa

Contacts

Sr Margaret Ann Mills dolc
Sr Sue Cosgrove dolc

By appointment

Retreat@compassion.org.nz
Phone: 04 383 7769

Spiritual Direction

More accurately called spiritual companionship, this ministry of walking alongside another, supports people in their deepening awareness of the presence and action of God in their lives. Spiritual direction differs from counselling or professional supervision in that it is focused on the lived, personal experience of prayer – the relationship between self and God.

*"A space to acknowledge and explore our deepest longings – to explore the paradoxes of life, to feel loved and to offer love."
Sr Sue Cosgrove dolc*

2018 Schedule

25 – 27 May (3 days)
22 – 31 July (8 days)
21 – 28 Sept (6 days)
9 Nov– 11 Dec (30 days)

Arrupe Retreats

Contact: arrupenz@xtra.co.nz or visit www.arrupe.org.nz

This residential series of silent individually guided retreats, in the dynamic of the Spiritual Exercises of St Ignatius of Loyola, are open to all. Themes include A New Heart, Holy Mystery, A Discerning Heart as well as the "30-day Spiritual Exercises".

*"I learned by experience that one train of thought left me sad, the other joyful. This was my first reasoning on spiritual matters."
Ignatius of Loyola*

Places to visit at Our Lady's Home of Compassion

Opening Hours

Monday – Saturday
10am to 3pm

Sunday
12noon – to 3pm

Closed on public holidays

For more details, visit:
www.compassion.org.nz

Looking ahead...

19 & 20 May

'Out of Silence came Word'
A two-day Retreat facilitated
by Pip Nicholls

16 June

The 2018 Matariki lecture:
"Speaking of Hope". Guest
speakers, activities, Liturgy.

19 June

Suzanne Aubert's birthday
celebration and Mass

21 June

Mass of Remembrance:
'Remembering the shortest
lives on the shortest day'

1 October

Anniversary of Suzanne Aubert's
death in 1926. National
commemoration day for this
extraordinary woman.

19 March, 5 May, 2 August & 3 November (11am – 2pm)

'A Caring Space' for Carers:
Exploring the burdens and
blessings of caring for others.
Facilitator: Ronnie Parton

Suzanne Aubert's final resting place

Suzanne Aubert – Meri Hōhepa

A slab of Waitaha stone with a simple carved inscription, marks the place where her casket is buried beneath the Chapel floor, at Our Lady's Home of Compassion, Island Bay. This specifically designed prayer space is open to the public each day and at other times by arrangement.

The journey from her native France to this, her final resting place in Aotearoa New Zealand, is an extraordinary story of faithful courage. The lights embedded in the vaulted ceiling above her, reference the southern cross constellation – a poignant symbol that she rests among her people, in this land.

*"Rivers do not return to their source."
Suzanne Aubert – Meri Hōhepa*

Chapel of Our Lady of Compassion

A place of prayer, pilgrimage, respite and retreat

Visitors and pilgrims visiting the Chapel are welcome to take time out for quiet prayer or to simply sit with their own thoughts. The iconic Stations of the Cross, designed by renown artist John Drawbridge, are a wonderful source of contemplative inspiration and visitors will be rewarded by the addition of the 15th Station, the stained glass Resurrection window, also by John Drawbridge.

Suzanne Aubert Heritage Centre

Spaces for permanent and temporary exhibitions

The inspiring story of the Venerable Suzanne Aubert, her early life, her journey to Aotearoa New Zealand, her scholarship and accomplishments in botany, chemistry and traditional Maori medicine as well as her love for the people of this land, is told in the Heritage Centre's permanent exhibition. New material about the on-going work of the Sisters of Compassion and their co-workers means there is always more to discover.

For more information and to register for events:

Email: Retreat@compassion.org.nz

Phone: 04 383 7769

Visit: www.compassion.org.nz

To be kept up to date with events throughout 2018, please contact us and ask to be added to the **Spirituality Programme mailing list**.